

Info-sheet 2

COVID-19 & Disability

Disabilities arising due to Immune System Disorders like Multiple Sclerosis, Rheumatoid Arthritis, Ankylosing Spondylitis, HIV-AIDS, Lupus and Sickle Cell Anaemia are at a higher risk of developing a serious or even fatal illness if they are infected with COVID-19.

A weakened or impaired immune system (through illness, drugs or malnutrition) tends to reduce ability to fight infections and other diseases including COVID-19.

Taking precautions could be lifesaving. There is no specific treatment.

- Try to boost your immune system
- Adopt a healthy lifestyle
- Sleep well
- Balanced diet and hygiene are most important
- Stay at home, stay away from crowd

Is there a vaccine for Covid-19?

No. At present there is no vaccine for Covid-19. Possible vaccines and some specific drug treatments are under investigation. They are being tested through clinical trials.

What are the severe complications from Corona virus?

Some patients have pneumonia in both lungs, multi-organ failure and in some cases death.

What are other complications?

In milder form a person may have fever and a cough and maybe milder symptoms like headache or conjunctivitis

What is the best way to prevent infection?

The best way to prevent infection is to take everyday preventive actions, like avoiding close contact with people who are sick and washing your hands often.